### LYNN'S PORTION OF DATA REVIEW

# Assessing and Reducing Violence and Aggression in Military Veterans

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## Acknowledgments

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# National Post-Deployment Adjustment Survey of OEF/OIF/OND Veterans

- May 2009, a random sample of 3000 names and addresses drawn by the VA Environmental Epidemiological Service of separated individuals who served in the U.S. military on or after September 11, 2001.
- In total, N=1388 OEF/OIF/OND military service members completed a web-based survey on postdeployment adjustment, representing a 56% corrected response rate.

# National Post-Deployment Adjustment Survey of OEF/OIF/OND Veterans

- The resulting sample included Iraq & Afghanistan Veterans from all branches of the military & the reserves.
- Participants resided in all 50 states,
   Washington D.C., & four territories.
- Responders were similar to non-responders in age, gender, & geographic region.

PTSD and Violence in Veterans								
Risk Factor		Severe Violence in Next Year	Statistical Significance					
PTSD	Yes	19.52%						

6.41%

17.43%

5.97%

35.88%

6.84%

10.57%

8.37%

9.96%

8.61%

No

Yes

No

Yes

No

Yes

No

Yes

No

**Alcohol Misuse** 

PTSD + Alcohol Misuse

**Alcohol Misuse Only** 

**PTSD Only** 

ce

yes

yes

yes

no

no

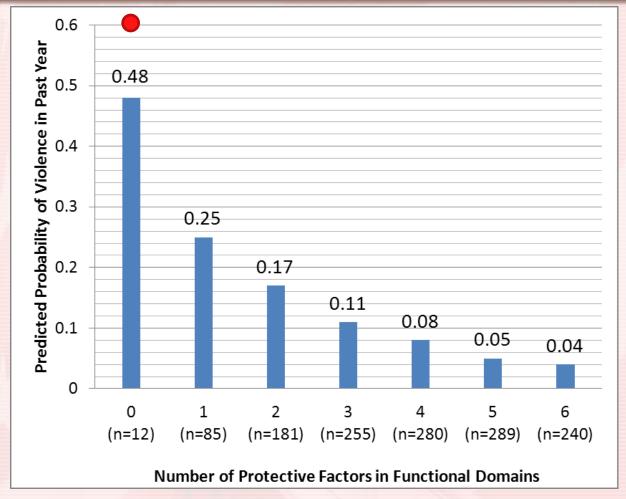
# Stranger Aggression

Effect of PTSD Symptoms a	ffect of PTSD Symptoms and Covariates on Stranger Aggression								
	Stranger A	ggression		Severe Stranger Violence					
Variable	OR	95% CI	p	OR	95% CI	р			
Older Age (>35)	0.97	[0.94, 0.99]	.0106			ns			
Gender	3.41	[1.16, 10.08]	.0264			ns			
High Combat	2.47	[1.39, 4.37]	.002	2.58	[1.14, 5.85]	.0234			
Substance Misuse	2.52	[1.53, 4.16]	.0003	2.93	[1.45, 5.88]	<.0001			
Witnessed Family Violence			ns			ns			
History of Arrest			ns			ns			
PTSD Anger			ns			ns			
PTSD Flashback	1.16	[1.05, 1.28]	.0029	1.26	[1.11, 1.42]	<.0001			
PTSD On Guard			ns			ns			
PTSD Numb			ns			ns			
PTSD Physically Upset			ns			ns			
Female = 0, Male = 1	R <sup>2</sup> =.17, AU	C=.79		R <sup>2</sup> =.20, AUC=.82					
	chi <sup>2</sup> =75.38,	df=5, <i>p</i> <.0001		chi <sup>2</sup> =54.36, df=3, <i>p</i> <.0001					

# Family Aggression

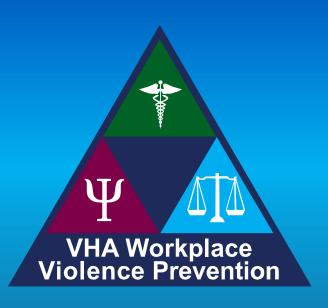
Effect of PTSD Symptoms and Covariates on Family Aggression						
	Family Ag	gression		Severe Family Violence		
Variable	OR	95% CI	p	OR	95% CI	р
Older Age (>35)	0.98	[0.95, 1.00]	.0221	0.94	[0.89, 0.99]	.0046
Gender			ns	0.36	[0.14, 0.96]	.0347
High Combat			ns	3.96	[1.30-12.02]	.0153
Substance Misuse	I		ns			ns
Witnessed Family Violence			ns			ns
History of Arrest			ns			ns
PTSD Anger	1.28	[1.19, 1.37]	<.0001	1.30	[1.13, 1.48]	<.0001
PTSD Flashback			ns			ns
PTSD On Guard			ns			ns
PTSD Numb			ns			ns
PTSD Physically Upset			ns			ns
Female = 0, Male = 1	R <sup>2</sup> =.11, AUC=.71			R <sup>2</sup> =.19, AUC=.80		
	chi²=53.85, df=2, p<.0001			chi <sup>2</sup> =41.34, df=4, p<.0001		

# Protective Factors and Violence in Veterans



Protective factors indicate health and well-being in the following domains: living, work, financial, psychological, physical, and social

# LYNN'S PORTION OF THREAT ASSESSMENT



### **Threat Assessment 101**

### Lynn M. Van Male, PhD

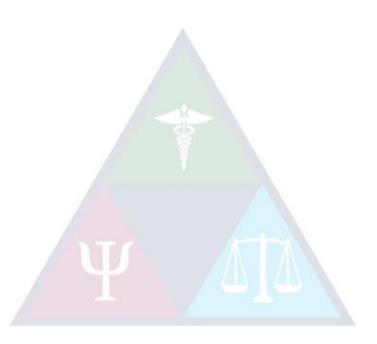
Director, Workplace Violence Prevention Program (10P3D)



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- J. Reid Meloy, PhD, ABPP
- Stephen Weston
- Stephen White, PhD

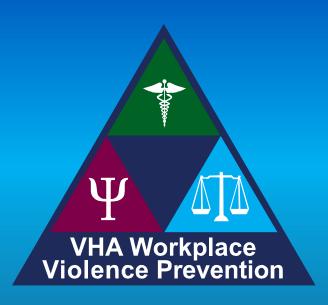




#### **Outline**

- Modes of Violence
- Pathways to Violence
- Prediction, Threat Assessment, and Accuracy
- Structured Clinical Judgment Approaches to Violence Risk and Threat Assessment





### **Modes of Violence**



### **Bimodal Theory of Violence**

### Predatory vs. Affective







### Meloy's Modes of Violence Predatory vs. Affective

- Minimal or absent ANS arousal
- No conscious emotion
- Planned and/or purposeful violence
- No or minimal threat
- Goal: many goals

X X
Predatory Predatory/Affective

- Intense ANS arousal
- Subj. exp. of emotion
- Reactive & immediate violence
- Perceived internal or external threat
- Goal: threat reduction

X Affective/Predatory

X Affective



# Modes of Violence (cont.): Predatory vs. Affective

- No displacement of target of violence
- No time limit on behavior
- Preceded by private ritual
- Primarily cognitive
- Heightened and focused awareness

**Predatory** 

**Predatory/Affective** 

- Rapid displacement of the target of violence
- Time-limited behavior sequence
- Preceded by public posturing
- Primarily emotional
- Heightened and diffuse awareness

X

**Affective/Predatory** 

Affective



# What About Recently Returned Soldiers?

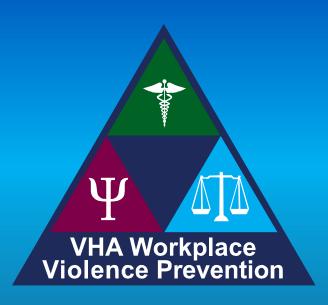
- Minimal or absent ANS arousal
- No conscious emotion
- Heightened and focused awareness

- Intense ANS arousal
- Subj. exp. of emotion
- Heightened and diffuse awareness

Traditional "predatory" violence indicators may need a closer look in the context of normative post-deployment readjustment and/or PTSD

X Predatory

X Predatory/Affective X Affective/Predatory X Affective



# **Pathways to Violence**



#### On the Nature of Threats

- Subjects who pose a threat may never make a threat
- Conversely, Subjects who make a threat may never pose a threat
- Consequently, threats should be treated as one of many Subject behaviors that need assessment

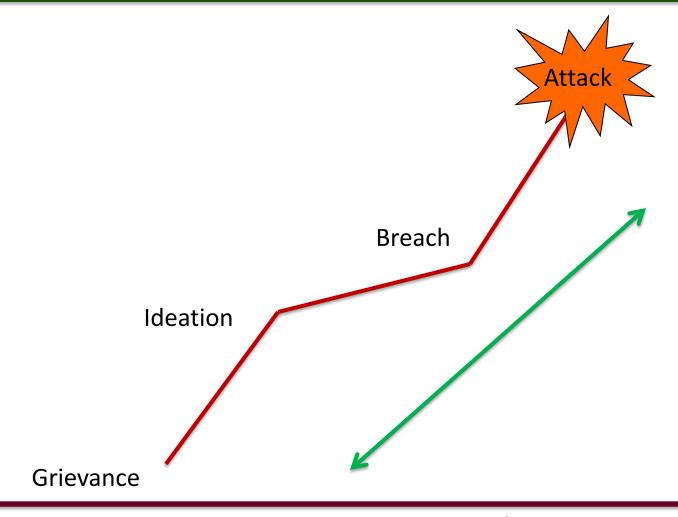


### **Pathway to Violence**

- Subjects who engage in either affective (impromptu) or predatory (intended) violence must follow a path of certain behaviors
- The pathways are similar, predatory adds two unique steps
- Steps along both paths are behaviors, thus they are identifiable

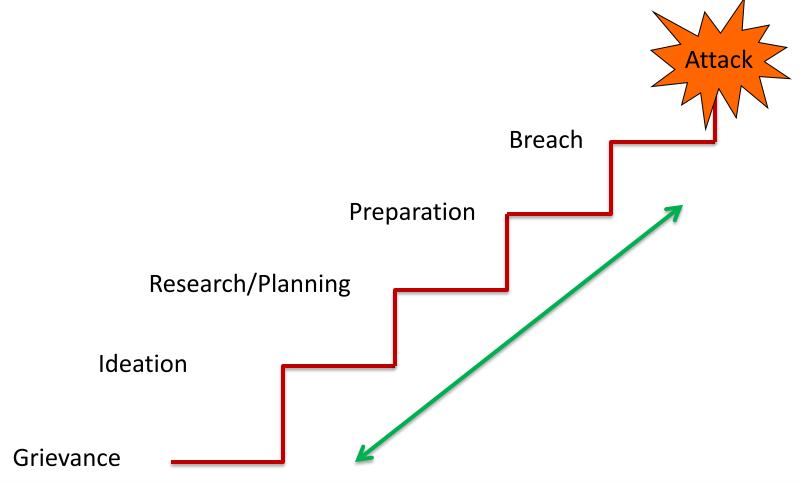


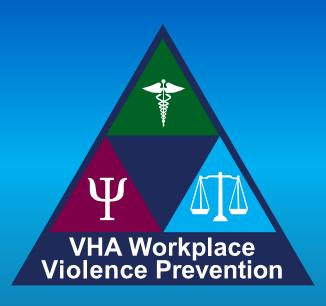
### Pathway to Violence: Affective





### Pathway to Violence: Predatory





# Prediction, Threat Assessment, and Accuracy



# Predictive Accuracy: Base Rate

The occurrence of
a particular behavior
in a defined group of individuals
during a specific period of time.



### **Predictive Accuracy**

#### Violence Prediction

YES NO

Actual Violence

YES

True Positive

**False Negative** 

NO

**False Positive** 

True Negative



### **Predictive Accuracy**

- An attempt to find the optimal balance between false positives and false negatives: as one increases the other always decreases
- Consequences of generating false negatives typically are worse than those of generating false positives
- Clinicians tend to over-predict violence



### **Prediction vs. Threat Assessment**

# Prediction: Yes or No



#### **Threat Assessment**





# Structured Clinical Judgment Approaches to Violence Risk and Threat Assessment



#### **Evolution of Threat Assessment**

### **Purely Clinical Approach**

- Intent, plan, access, identified target, imminent?
- High(er) face validity
- Clinicians often barely as good a chance

### **Purely Actuarial Approach**

- Increased predictive validity over purely clinical
- Low(er) face validity
- Does not inform risk mitigation strategies



#### **Evolution of Threat Assessment**

#### **Structured Clinical Judgment**

- Combines the "best" of clinical and actuarial approaches
- Informed by empirical literature
- Standard items, often normed
- Increased predictive validity over actuarial alone
- Informs risk mitigation strategies



# Sample Structured Clinical Judgment Guides

#### **WAVR 21**

- S.G. White and J.R. Meloy, 2007
- Workplace Assessment of Violence Risk

#### **HCR-20**

- C.D. Webster, K.S. Douglas, D. Eaves, S.D. Hart, 1997
- Correctional, Forensic and Civil Psychiatric Assessment of Violence Risk

#### **VRAI** [VRAI presentation on Day 2]

- Incorporates Veteran-specific risk factors
- Pilot planned for FY14



- Motives for Violence
- Homicidal Ideas, Violent Fantasies or Preoccupation
- Violent Intentions and Expressed Threats
- Weapons Skill and Access
- Pre-Attack Planning and Preparation
- Stalking or Menacing Behavior
- Current Job Problems
- Extreme Job Attachment



- Loss, Personal Stressors and Negative Coping
- Entitlement and Other Negative Traits
- Lack of Conscience and Irresponsibility
- Anger Problems
- Depression and Suicidality
- Paranoia and Other Psychotic Symptoms
- Substance Abuse
- Isolation



- History of Violence, Criminality, and Conflict
- Domestic/Intimate Partner Violence
- Situational and Organizational Contributors to Violence
- Stabilizers and Buffers Against Violence
- Organizational Impact of Real or Perceived Threats



#### P.R.O.T.E.C.T.

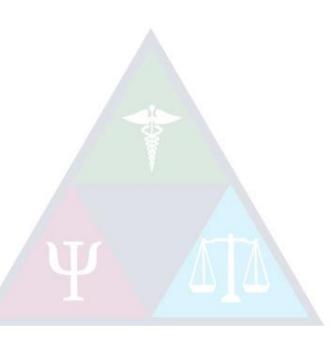
- Positive Personal Attachments
- Remorse is Genuine for Transgressions
- Obeys Limits Set by Employer or Authorities
- Takes Sanctioned Action to Address Wrongs
- Enjoys Life and Freedoms
- Coping Skills Are Positive
- Treatment Compliance





### HCR-20: Historical Educational Use Only

- Previous Violence
- Young Age at First Violent Incident
- Relationship Instability
- Employment Problems
- Substance Use Problems
- Major Mental Illness
- Psychopathy
- Early Maladjustment
- Personality Disorder
- Prior Supervision Failure





# HCR-20: Clinical Educational Use Only

- Lack of Insight
- Negative Attitudes
- Active Symptoms of Major Mental Illness
- Impulsivity
- Unresponsive to Treatment





### HCR-20: Risk Management Educational Use Only

- Plans Lack Feasibility
- Exposure to Destabilizers
- Lack of Personal Support
- Noncompliance with Remediation Attempts
- Stress





### **QUESTIONS?**

# LYNN'S PORTION OF VHA STRATEGIES AND PROGRAMS/INITIATIVES



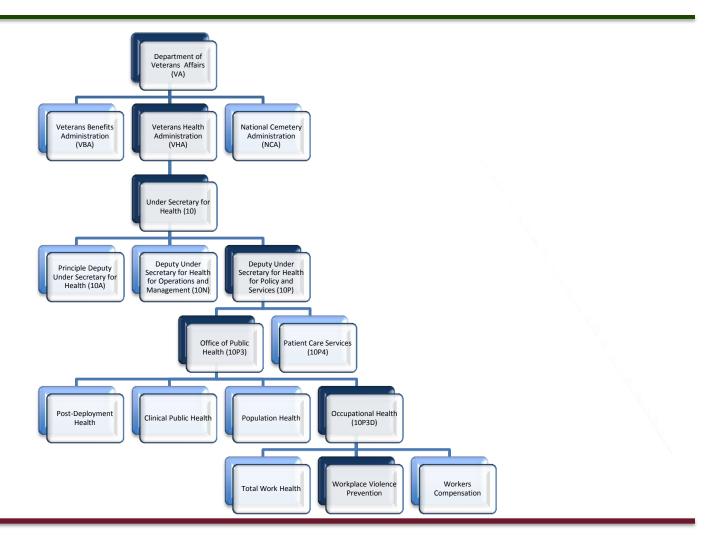
# VHA's Workplace Violence Prevention Program (WVPP): The Big Picture Overview

Lynn M. Van Male, Ph.D.

Director, VHA Workplace Violence Prevention Program (10P3D)

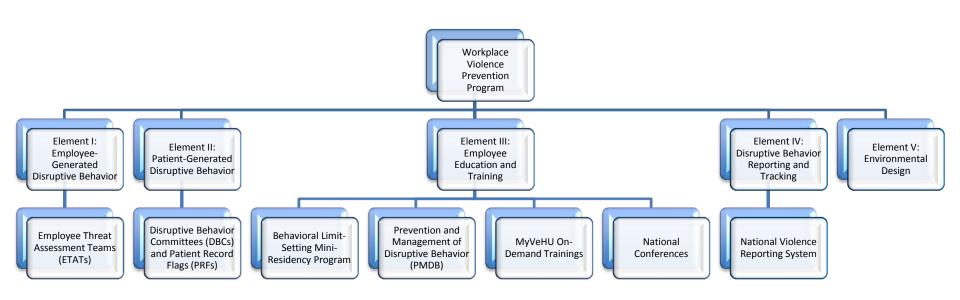


### **Organizational Context**





#### **WVPP** Model





# WVPP: Getting to the Next Level in Addressing Patient-Generated Disruptive Behaviors



#### **Conference Questionnaire Results**



Disruptive Behavior Committee Chairs Conference

#### Questionnaire

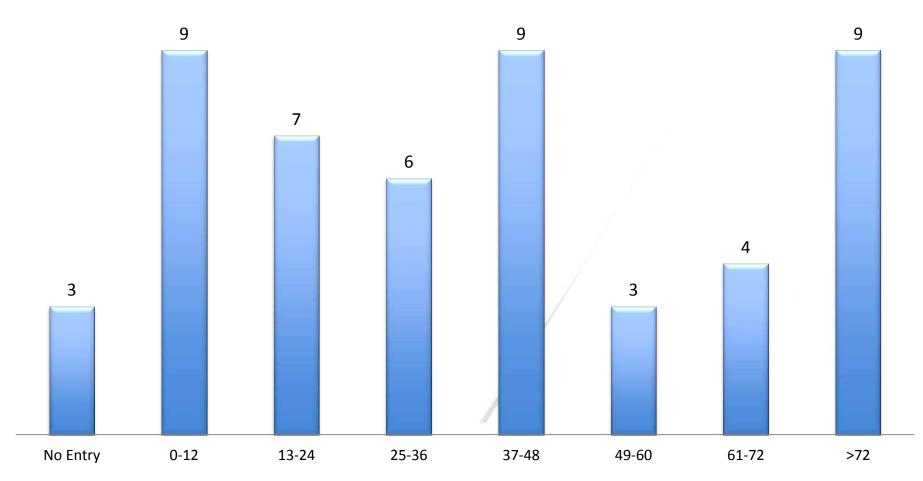
VHA Workplace Violence Prevention Program (WVPP)

Dallas, TX January 28-30, 2014

Name:		
Title & Credentials:	Discipline:	
Service Line or Department:		
Preferred Email:	Preferred Phone Number:	
Number of Months Served as DBC (co-)Chair:		
If there is a DBC co-Chair at your facility, please prov	ide the following information:	
Name of other co-Chair:	Discipline:	



#### Months of Service as DBC (co-)Chair





# Help Improve Ability to Serve as DBC (co-)Chair

- "Protected time"
- "Administrative support"
- "Clarification of role of DBC"
- "More training in risk assessment" [for self and committee members]
- "Clearer understanding of policy and expectations—what is mandatory, what is flexible"

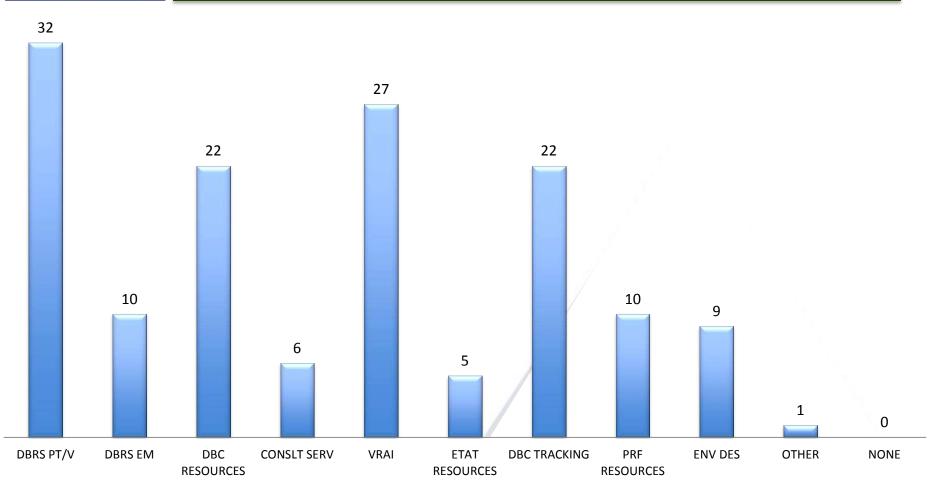


### Gaps in VHA's Violence Prevention Efforts

- "Lack of resources/support at the hospital level (i.e., dedicated FTE)"
- "Time for training staff—severe limitations and TMS is not very effective"
- "Disambiguate DBCs from ETATs"
- "Address the impact of environment and systems issues on Veteran violence"
- "Standardizing physical expectations in PDs for high risk areas"



### **WVPP 5-year Priorities**





# Violence Risk Assessment Instrument (VRAI): General and Sexual Violence

Lynn M. Van Male, Ph.D.

Director, VHA Workplace Violence Prevention Program (10P3D)



#### **Outline**

- Context
- VRAI Development
- Current Status





#### **Context**



#### **An Unexpected Opportunity**

- "(2)(A) The development and use of specific risk-assessment tools to examine any risks related to sexual assault that a veteran may pose while being treated at a medical facility of the Department, including clear and consistent guidance on the collection of information related to—
- "(i) the legal history of the veteran; and
- "(ii) the medical record of the veteran.



#### From Public Law to VHA Policy

#### **ACTION**

- b. <u>Deputy Under Secretary for Health for Operations and Management</u>. The Deputy Under Secretary for Health for Operations and Management (10N) is responsible for:
- (2) Developing and utilizing evidence-based, data-driven assessment tools to examine any risks related to sexual assault that a Veteran may pose while being treated at a VHA facility to include, as appropriate, the legal history of the Veteran and the medical record of the Veteran, within the limitations of laws and policies.



### **VRAI** Development



### Plan for Implementing Violence Risk Assessment of Veterans

#### The 12-member Workgroup:

- Reviewed peer-reviewed literature on the process of violence risk assessment.
- Identified factors associated with increased and decreased risk of perpetration of violence, both general violence and sexual violence.
- Developed a violence risk assessment instrument (VRAI) for assessing general violence derived from existing scientific research.
- Developed a violence risk assessment instrument (VRAI) for assessing sexual violence derived from existing scientific research.
- Outlined how to use information contained in medical records and collect information about a Veteran's legal history appropriately in conjunction with utilizing risk assessment tools.



## Plan for Implementing Violence Risk Assessment of Veterans

#### **Workgroup Report Contains 8 Recommendations:**

- The VRA Workgroup recommends that VRAIs be used by the Disruptive Behavior Committee (DBC) to guide evidence-based assessment of behaviors that occur while a Veteran is at a VA medical facility seeking or receiving healthcare services from VHA.
- 2. The VRA Workgroup recommends that VRAIs be made available to qualified and trained providers at VA medical facilities treating Veterans seeking or receiving healthcare services from VHA.
- 3. The VRA Workgroup recommends that any information in VA medical records be available for use by authorized staff when completing VRAIs.
- 4. The VRA Workgroup recommends qualified and trained providers implementing VRAIs follow Sexual Assault Legal History Policy Recommendations (SALGWG) Workgroup guidance for collection/documentation of legal history of Veterans.



## Plan for Implementing Violence Risk Assessment of Veterans

#### **Workgroup Report Contains 8 Recommendations:**

- 5. The VRA Workgroup recommends creating a VRAI Implementation Workgroup in order to evaluate the VRAIs, to construct training materials for use of VRAIs, and to examine use of VRAIs in telehealth as outlined in recommendations below.
- The VRA Workgroup recommends evaluating the reliability and validity of the VRAIs developed in response to Public Law 112-154, section 106.
- 7. The VRA Workgroup recommends developing training modules to educate DBCs and qualified providers at VA how to conduct structured violence risk assessments with the VRAIs.
- 8. The VRA Workgroup recommends identifying unique aspects of using the VRAIs in telehealth settings relevant to training and implementation.



#### **Current Status**



# From Recommendations to Implementation

- Concurrence from stakeholder program offices and VA/VHA leadership
- Training Development
- Electronic Application Development
- Instrument Validation
- Instrument Utilization Impact Evaluation
- Revision
- Policy and Advisory Board
- Implementation



### **QUESTIONS?**